

Sanjeevani Multipurpose Foundation's Dr. Deepak Patil Ayurvedic Medical College & Research Center Borpadale Phata (Nebapur), Kolhapur-Ratnagiri Road, Tal-Panhala, Dist. Kolhapur, Pin - 416213, Maharashtra State, India. Ph. No. 9132039595 Website: www.dpayurvediccollege.com Email: dr.deepakpatilayu@gmail.com •Recognized By Central Council of Indian Medicine, New Delhi & Govt. of India, Ministry of Health & Family Welfare. Department of AYUSH, New Delhi & Govt. of Maharashtra, Medical Education & Medicine Dept. • • Affiliated to Maharashtra University Of Health Sciences, Nashik •

Date: 13/10/2022

7th Ayurveda Day 2022 Har Din Har Ghar Ayurved Jan Bhagidari Ayurveda for Mental Wellbeing (10-16 Oct.2022) <u>Report</u>



To mark the 7th Ayurveda Day 2022, Our Institute, Dr. Deepak Patil Ayurvedic Medical College and Research Centre, Borpadale, Kolhapur, has arranged an Guest Lecture and awareness program on Ayurveda and Mental Wellbeing on 13/10/2022.

Prof. Dr. Hamid Mevekari, MD (Ayurveda - Manasroga, Kerala) Consulting Ayurvedic Psychologist, conducted an awareness lecture and interactive session for students, faculty members and patients from our Ayurvedic and Nursing College.

Role Ayurveda in Mental Disorders and Mental Wellbeing was explained in the session. People were convinced and motivated to adopt Ayurvedic lifestyle and treatments.

Date:- 13/10/2022

Place:- Dr. Deepak Patil Nursing Institute(BSc, GNM), Borpadale, Panhala, Kolhapur.

